

## elenco allergeni

| Nome piatto | Cereali<br>contenenti<br>glutine                                                  | Crostacei                                                                         | Uova                                                                              | Pesce                                                                             | Arachidi                                                                          | Soia                                                                              | Latte                                                                             | Frutta a<br>guscio                                                                 | Sedano                                                                              | Senape                                                                              | Sesamo                                                                              | Lupini                                                                              | Molluschi                                                                           | Solfiti                                                                             |
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### Primi

|                                 |   |  |   |  |  |   |   |  |   |   |   |   |  |  |
|---------------------------------|---|--|---|--|--|---|---|--|---|---|---|---|--|--|
| Crema di carote con pastina     | P |  | T |  |  | T |   |  |   | T |   | T |  |  |
| Passato di verdura con crostini | P |  |   |  |  | T | T |  | P |   | T |   |  |  |
| Pasta pomodoro e basilico       | P |  | T |  |  | T |   |  |   | T |   | T |  |  |
| Pasta al pesto                  | P |  | P |  |  | T | P |  |   | T |   | T |  |  |
| Pasta al pomodoro               | P |  | T |  |  | T |   |  |   | T |   | T |  |  |
| Pasta all'olio e grana          | P |  | P |  |  | T | P |  |   | T |   |   |  |  |
| Riso al pomodoro                |   |  |   |  |  |   |   |  | P |   |   |   |  |  |
| Riso all'olio                   |   |  |   |  |  |   |   |  |   |   |   |   |  |  |

### Secondi

|                                               |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|-----------------------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Caprese (pomodoro e mozzarella)               |   |   |   |   |   |   | P |   |   |   |   |   |   |   |
| Ceci al rosmarino                             | T |   |   |   |   | T |   |   |   | T | T | T |   |   |
| Cotoletta di pollo impanata al forno          | P |   |   |   |   | T |   |   |   | T | T | T |   |   |
| Crocchette di *merluzzo                       | P |   | P | P | T | T |   | T |   | T | T | T |   | P |
| Filetto di platessa* gratinato al forno       | P | T |   | P |   | T |   |   |   | T | T | T | T |   |
| Frittata al Grana Padano Dop                  |   |   | P |   |   |   | P |   |   |   |   |   |   |   |
| Frittata alle zucchine                        |   |   | P |   |   |   | P |   |   |   |   |   |   |   |
| Lenticchie in umido                           | T |   |   |   |   | T |   |   |   | T | T | T |   |   |
| Limanda* gratinata                            | P |   |   | P |   | T |   |   | T | T | T | T |   | T |
| Piselli* al vapore                            |   |   |   |   |   |   |   |   | T |   |   |   |   |   |
| Prosciutto cotto                              |   |   |   |   |   |   |   |   |   |   |   | T |   |   |
| Scaloppine di tacchino al limone e prezzemolo | P |   |   |   |   | T |   |   |   | T | T |   |   |   |
| Sovracoscia di Pollo al forno                 |   |   |   |   |   |   |   |   |   | T |   |   |   |   |

### Piatto unico

|                                   |   |  |  |  |  |   |  |  |   |   |  |  |  |  |
|-----------------------------------|---|--|--|--|--|---|--|--|---|---|--|--|--|--|
| Pasta integrale al ragù di bovino | P |  |  |  |  | T |  |  | P | T |  |  |  |  |
|-----------------------------------|---|--|--|--|--|---|--|--|---|---|--|--|--|--|

### Contorni

|                      |  |  |  |  |  |  |  |  |  |   |  |  |  |  |
|----------------------|--|--|--|--|--|--|--|--|--|---|--|--|--|--|
| Carote al vapore     |  |  |  |  |  |  |  |  |  |   |  |  |  |  |
| Fagiolini* al vapore |  |  |  |  |  |  |  |  |  |   |  |  |  |  |
| Fagiolini* al vapore |  |  |  |  |  |  |  |  |  |   |  |  |  |  |
| Insalata             |  |  |  |  |  |  |  |  |  |   |  |  |  |  |
| Insalata mista       |  |  |  |  |  |  |  |  |  |   |  |  |  |  |
| Patate al forno      |  |  |  |  |  |  |  |  |  | T |  |  |  |  |
| Pomodori             |  |  |  |  |  |  |  |  |  |   |  |  |  |  |

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### Contorni

|                    |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Spinaci* al vapore |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Zucchine al forno  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Zucchine al vapore |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Zucchine trifolate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

### Frutta

|                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Frutta fresca di stagione |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|

### Pane e Prodotti da forno

|      |   |  |   |  |   |  |   |   |  |  |   |  |  |  |
|------|---|--|---|--|---|--|---|---|--|--|---|--|--|--|
| Pane | P |  | T |  | T |  | T | T |  |  | T |  |  |  |
|------|---|--|---|--|---|--|---|---|--|--|---|--|--|--|

### Pizze

|                  |   |  |  |  |  |   |   |  |  |   |  |   |  |  |
|------------------|---|--|--|--|--|---|---|--|--|---|--|---|--|--|
| Pizza margherita | P |  |  |  |  | T | P |  |  | T |  | T |  |  |
|------------------|---|--|--|--|--|---|---|--|--|---|--|---|--|--|